



Central Georgia EMC

A Touchstone Energy®  
Cooperative 

News & Views  
CGEMC

Reliability, convenience, and value are our commitments to you

[www.cgemc.com](http://www.cgemc.com)

October 2018

## October is National Cooperative Month

Every October, Central Georgia EMC (CGEMC) joins 30,000 cooperatives nationwide to celebrate National Cooperative Month. The annual observance gives us the opportunity to share our unique business model with you, our customer-owners.

The cooperative business model is based on the **Seven Cooperative Principles**: *Voluntary and Open Membership; Democratic Member Control; Members' Economic Participation; Autonomy and Independence; Education, Training and Information; Cooperation Among Cooperatives; and Concern for Community.*

Electric co-ops like CGEMC are community-focused organizations that deliver safe, reliable, and affordable energy to their customer-owners.

Central Georgia EMC is unique because we belong to the communities we serve. We are led by our customer-owners, which gives us a unique understanding of the needs of our local communities. In fact, many of our employees live right here in the community and are customer-owners of the co-op—just like you!

Because we answer to local customer-owners rather than distant shareholders, we can respond quickly to the changing needs of the communities we serve. We even share any excess revenue with our customer-owners in the form of capital credits because we are not-for-profit. We generate jobs, support local economic development, and pay local taxes to help support community services.

Even though we are locally owned and operated, we cooperate with other electric cooperatives to develop new technologies and assist with major outages across the country. This type of collaboration allows us to address complex challenges while remaining true to our local roots.

Our electric co-op was built by the community, belongs to the community, and continues to be led by the community. That is why our customer-owners come first, now, and always. That is the cooperative difference and the future we see together!



**SAFE,  
RELIABLE,  
AFFORDABLE  
ENERGY.**

**THEN. NOW.  
ALWAYS.**

**We are proud to  
power your life.**

**OCTOBER IS NATIONAL CO-OP MONTH**

Central Georgia Electric Membership Corporation • 923 South Mulberry St., Jackson, GA 30233 • 770-775-7857

Office Hours: Mon. – Fri. 8 a.m. to 5 p.m.

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# Co-op Connections® Program Pharmacy Discounts

In 2017, Central Georgia EMC introduced the Touchstone Energy Co-op Connections Program to help our customer-owners save money on dining out, shopping, entertainment, and much more. Healthy savings are part of your benefits as well.

The Co-op Connections program benefits cooperative members by offering savings on most prescriptions at more than 60,000 independent pharmacies and national chains, including CVS, Walgreens, Wal-Mart, Target, and more.

Using this benefit is easy. Simply present your Co-op Connections Card at a participating pharmacy with your prescription. Even if you have insurance, present both cards at the pharmacy to receive the lowest price.

To find participating pharmacies and to compare prescription prices, co-op members can visit [www.rxpricequotes.com](http://www.rxpricequotes.com). To learn more about all of the Healthy Savings discounts, create your Co-op Connections account today at [www.connections.coop](http://www.connections.coop).



**CO-OP CONNECTIONS MEMBERS  
HAVE SAVED OVER  
\$108 MILLION ON PRESCRIPTIONS**

*Pharmacy discounts are not insurance, and are not intended as a substitute for insurance. The discount is only available at participating pharmacies. Prescription claims through this program will not be eligible for reimbursement through Medicaid, Medicare, or any other government program.*

## Fall Means It's Time for an HVAC Check-Up!

Every fall, before it gets too chilly outside, call a qualified heating and air conditioning technician to give your central heating system a once-over. Regularly maintaining your heating unit will help prevent a breakdown on a cold night during the dead of winter.

Between annual check-ups, you can head off trouble by paying attention to your heating system. Here's how:

- Replace your system's air filter once every three months. Dirty filters can get clogged and prevent air flow.
- When you turn the heat on for the first time this fall, listen for banging, rattling, or other unusual sounds, which could be a symptom of a malfunction-in-the-making.
- If your windows steam up or you see rust or a lot of dirt on your heating vents, something is wrong.





Can installing an LED outdoor light make a difference at your home?  
See for yourself; the difference is like night and day!

Outdoor Lighting Option	Small LED	Large LED
Approximate diameter of output	120 feet	200 feet
Overhead per month	\$9	\$12
Underground per month	\$13	\$15.50

Installation and monthly pole charges may apply if fixture not installed on existing facilities.



High-pressure sodium outdoor lighting



LED outdoor lighting

**Together is always better.**

We partner with your EMC to save you money.



Sign up with Gas South and get these special discounts:

- **A permanent discount** on Gas South's great low rates
- **No deposit** (up to a \$150 value)
- **No connection fee** (\$60 in instant savings)
- **FREE tickets** annually to one of Georgia's favorite attractions

VISIT [GasSouth.com/central](http://GasSouth.com/central)  
[GasSouth.com/centralbusiness](http://GasSouth.com/centralbusiness)

CALL 877.588.0876  
and mention promo code 490

The 2¢ discount is applied to Gas South's standard published variable and fixed rate plans. This discount cannot be combined with any other discounts.

## Co-op Connections Deals

Co-op Connections® Card



### Bistro to Go, Inc.

\$25 off first catering order exceeding \$150 in initial value.

5% off all baked goods purchases.

15% off all baked goods orders exceeding \$50 in initial value.

2055 Eisenhower Parkway, Suites 24 & 25, Macon, 770-658-4497

### Cleveland Carpets and Floors

5% discount on materials.

2045 N. Expressway, Griffin, 770-228-6110

### Legaci Status

10% off nonsale items.

10 3rd Street, Suite 201, Jackson, 678-774-8777

### Royal Baby Doula

20% off services. Serving Middle Georgia and surrounding areas within a 60-mile radius.

504-570-0013

### The Original Bite Back!

10% discount with online purchase using code TSEGA10.

[www.bitebackllc.com](http://www.bitebackllc.com), 404-975-8245

### The Front Porch

10% off all purchases of \$25 or more.

218 John Frank Ward Blvd, McDonough, 770-957-3383

### Yarn Love

10% off any item.

8175 Rivoli Road, Bolingbroke, 478-342-2251

A complete list of local deals can be found under the Co-op Connections tab at [www.cgemc.com](http://www.cgemc.com)



**Central Georgia EMC**  
*Community Partners*

24 hours a day, 365 days a year  
770-775-7857 • 1-800-222-4877  
923 S. Mulberry Street  
Jackson, GA 30233  
www.cgemc.com

**Report an Outage**  
770-775-7857  
1-800-222-4877

**Office Hours**  
8 a.m. – 5 p.m.  
Monday – Friday

**Closed**

Saturday, Sunday, and Posted Holidays

**Board of Directors**

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Central Georgia EMC is an equal opportunity provider and employer.

News & Views is published and distributed monthly to all members and customers of Central Georgia EMC.



A Touchstone Energy® Cooperative

**Connect with us!**



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centralgaemc



**Energy Efficiency**

*Tip of the Month*

You can easily save energy in the winter by setting the thermostat to 68 degrees F while you are awake and setting it lower while you are asleep or away from home.

—Source: energy.gov



**Would You Like a \$20 Bill Credit?**

Submit your recipe to:  
**Central Georgia EMC**  
923 S. Mulberry Street  
Jackson, GA 30233  
Attn: Vicki Jolley

Or by email to: [vjolley@cgemc.com](mailto:vjolley@cgemc.com).  
Please include your active account number.  
Published recipes receive a \$20 bill credit.

*Recipe of the Month*



**Summer Succotash Salad**  
*Courtesy of Georgia Grown*



GEORGIA GROWN Summer Succotash Salad See this and other recipes at GeorgiaGrown.com

**Ingredients:**

- 8 ears fresh sweet corn (in husks)
- 1 Vidalia onion
- 2 cups edamame peas
- 1-2 cups cherry tomatoes
- 1 cup olive oil
- 1/4 cup tarragon, chopped

**Instructions:**

Peel back corn husk halfway and soak corn in cold water for 15-20 minutes. Slice onion crosswise 1/2-inch thick. Place both corn (still in husks) and onion on grill and cook for 5-10 minutes, making sure to flip them every so often. Remove corn and onion from grill. Remove husks and slice corn kernels off of the cobs. Roughly chop the onion into bite-sized cubes. Place corn kernels and chopped onion in a large bowl.

Boil edamame peas for 2-3 minutes then drain. Add edamame peas to bowl with corn and onion. Slice cherry tomatoes and add to bowl. Drizzle in olive oil and sprinkle with tarragon. Toss lightly to coat all ingredients.

Visit Georgia Grown's website, [www.georgiagrown.com](http://www.georgiagrown.com), for information on farms and producers across our state.